

Public Health Palliative Care

A quiz for NSW palliative care volunteers

This quiz is based on Chapter 2 of *Palliare: A handbook for palliative care volunteers in NSW (2018)*

Select the correct response to each of the following questions:

1. A good death:
 - a. can only be achieved if a person dies at home
 - b. can only be achieved if a person dies in a hospital
 - c. is when a person dies quickly
 - d. is an aspirational goal that guides the provision of palliative care
 - e. none of the above
2. Which of the following is not listed as a social determinant of health:
 - a. Diabetes
 - b. Housing status
 - c. Gender
 - d. Race
 - e. Disability
3. The consequences of community disadvantage can include:
 - a. a lack of GP involvement at end of life
 - b. a poor uptake of services by marginalized communities
 - c. a late uptake of supportive palliative care
 - d. low rates of participation in advance care planning
 - e. gaps in systemic planning for end of life
 - f. All of the above
4. The goals of health promoting palliative care include:
 - a. Building public policies that support dying, death, loss and grief
 - b. Creating supportive environments (in particular social supports)
 - c. Reviewing clinical pathways
 - d. a & b above
 - e. None of the above
5. Inadequate health literacy may contribute to poorer self-management of chronic conditions by patients and poorer end of life choices. True or False?

Answers: 1d, 2a, 3f, 4d, 5t